



Seasonal flu: List of those classified as being 'at risk'

People at risk are defined as those who fall into one or more of the clinical risk groups defined, and updated, each year by the Chief Medical Officer. The current list includes people with:

- chronic respiratory disease (including asthma that requires continuous or repeated use of inhaled or systemic steroids or with previous exacerbations requiring hospital admission)
- chronic heart disease
- chronic renal disease
- chronic liver disease
- chronic neurological disease
- immunosuppression
- diabetes mellitus
- aged 65 years or older
- Morbidly obese (BMI ≥ 40)
- pregnant (including up to 2 weeks post-delivery)
- <6 months old