



## DANCE STUDIO AND CYCLE STUDIO CLASSES SATURDAY 22nd DEC 2018 - TUESDAY 1st JAN 2019

### FITNESS CLASSES

	SAT 22nd DEC	SUN 23rd DEC	MON 24th DEC	TUE 25th DEC	WED 26th DEC	THU 27th DEC	FRI 28th DEC
CLASS	STUDIO CYCLING	STUDIO CYCLING	STUDIO CYCLING	CHRISTMAS DAY	BOXING DAY	YOGA	STUDIO CYCLING
INSTRUCTOR	GAIL	MEL	KATHI	CENTRE	CENTRE	KATHI	KATHI
TIME	9:30 - 10:15am	9:30 - 10:15am	9:15 - 10am	CLOSED	CLOSED	9:15 - 10:30am	9:15 - 9.50am
CLASS		FITSTEPS	PURE STRETCH			BARRE FITNESS	PILATES
INSTRUCTOR		MICHELLE	KATHI			KATHI	
TIME		10:30 - 11:30am	10:15 - 11am			10.45 - 11.30am	10:05 - 11:05am
CLASS			CHRISTMAS EVE			CENTRE CLOSING	CENTRE CLOSING
INSTRUCTOR			CENTRE CLOSING			AT	AT
TIME			AT 12pm			4pm	4pm

	SAT 29th DEC	SUN 30th DEC	MON 31st DEC	TUE 1st JAN
CLASS	STUDIO CYCLING	STUDIO CYCLING	STUDIO CYCLING	NEW YEARS DAY
INSTRUCTOR	GAIL	MEL	KATHI	CENTRE
TIME	9:30 - 10:15am	9:30 - 10:15am	9:15 - 10am	CLOSED
CLASS		FITSTEPS	PURE STRETCH	
INSTRUCTOR		MICHELLE	KATHI	
TIME		10:30 - 11:30am	10:15 - 11am	
CLASS	CENTRE CLOSING	CENTRE CLOSING	NEW YEARS EVE	
INSTRUCTOR	AT	AT	CENTRE CLOSING	
TIME	4pm	4pm	AT 4pm	



THE STAFF OF BRADFIELD COLLEGE SPORTS COMPLEX WOULD LIKE TO WISH ALL OUR MEMBERS  
A VERY HAPPY CHRISTMAS AND NEW YEAR

Contact: Bradfield College Sports Complex, Bradfield, Reading, RG7 6BZ Email: [frontdesk@bradfieldcollege.org.uk](mailto:frontdesk@bradfieldcollege.org.uk) Telephone: 0118 9644600

