



# BEAUTY THERAPY TREATMENTS



• FACIALS • BODY TREATMENTS • EYE CARE • WAXING • HOLISTIC WELLBING •

Contact: Karen Baker • 07757 168391

Bradfield College Sports Complex, Bradfield, Reading, Berkshire, RG7 6BZ

### FACIALS - Machine Based

**Hydradermie<sup>2</sup>**, an exceptional treatment that helps deliver radiant skin, is at the heart of the Guinot experience. Adapted to your skins specific needs the Hydraderm machine's gentle combination of galvanic and high frequency currents, using double ionisation technology combined with active ingredients, results in skin that's cleansed, refined and revitalised.

#### Hydradermie<sup>2</sup> - The Star Treatment

Deep cleanses and revitalises, skin looks smooth, rested and glowing.

1 hr..... £67

#### Hydradermie<sup>2</sup> Age Logic - The Anti-Ageing Star Treatment

This specially designed anti-ageing facial focuses on the eyes, face and neck to target signs of ageing, improving wrinkle depth.

1 hr 15 mins..... £82

#### Hydradermie<sup>2</sup> Lift - The Instant Lifting Treatment

Using muscle stimulation to lift and firm the facial features, in the same way that body muscles are "sculpted" at a gym.

1 hr ..... £67

#### Hydradermie<sup>2</sup> Lift Deluxe - The Ultimate Lifting Treatment

A combination of the Hydradermie<sup>2</sup> Age Logic and Hydradermie Lift.

1 hr30 mins.....£119

#### Hydradermie<sup>2</sup> Express lift - The Express Treatment

For those who are in a hurry and need quick results, uses muscle stimulation to lift and firm.

30 mins..... £50

#### Eye Logic - The Instant Eye Repair Treatment

Targets tiredness, fine lines, wrinkles, puffiness and dark circles. Using machine technology, massage and a specially designed eye mask soaked in a concentrated skin repair serum.

45 mins..... £52

#### Hydraclean - The Deep Cleansing Facial

The Thermoclean deeply cleanses the face and rids the skin of impurities.

30 mins..... £30

### FACIALS - Hands On

**Beautiful skin** ...smooth, clear, luminous and glowing with health, the revolutionary salon treatments and plant-based products of Guinot epitomise the greatest traditions of French skincare.

#### Age Summum - The Ultimate Anti-Ageing Treatment

The pinnacle of anti-ageing treatments, using pure Vitamin C, Hyaluronic Acid and Pro-Collagen to target the signs of ageing. Fine lines and wrinkles are smoothed and radiance is restored.

1 hr..... £80



### **Aromatic - The Relaxation Treatment**

Powered by essentials oils, this luxurious, holistic treatment uses plant concentrates to fill your skin with energy. Concluding with an Aromatic mask to restore natural radiance to your skin.

1 hr..... £54

### **Liftosome - The Firming, Lifting Treatment**

Restores firmness and youth to the skin. The modelling and gentle heating effects from the ThermoLift Mask penetrate active ingredients into the skin leaving the face firm and skin smooth.

1 hr..... £59

## **BODY TREATMENTS – Manual**

Achieve visible slimming and firming results from the very first treatment with the Techni-Slimming and Techni-Firming treatments from Guinot. Using an in-depth massage combined with carefully formulated serums and a unique body wrap technique, these specially designed manual treatments visibly reduce the appearance of cellulite and restore the skin's firmness.

### **Techni Slimming - The Ultimate Manual Slimming Treatment**

Containing key actives of Caffeine and IsoSlim Complex, this unique treatment combats stubborn cellulite whilst inhibiting the formation of new fat in the targeted area, refining and smoothing the silhouette.

1 hr ..... £67

### **Techni Firming - The Ultimate Manual Firming Treatment**

Designed to firm the body and tone the skin using key actives of Crelastin B to improve skin's elasticity and Alaria Esculenta to fight against skin's slacking.

1 hr ..... £67

## **HOLISTIC - Well-being and vitality for body and mind**

A range of relaxing treatments including plant and fruit extracts to calm and soothe. Well-being and vitality for body and mind.

### **Aromatic Body Contouring Treatment - The Firming Treatment**

This body sculpting treatment uses an anti-cellulite sculpting massage with essential oils and a clay mask to leave the skin feeling firm and beautifully soft. The Clay and Green Tea Sauna Masque, drains excess water from the body leaving the silhouette immediately refined with reduced signs of cellulite.

1 hr..... £69

## **AROMATIC BODY POLISHING TREATMENTS**

Experience pure relaxation whilst achieving soft, smooth skin.

### **Aromatic Skin Renewing & Exfoliation - The Exfoliating Treatment**

Achieve firm and silky-smooth skin with this complete body exfoliation which helps to eliminate dry, flaky skin, refining the skin's texture. The exfoliation is followed by a body moisturiser leaving the skin soothed and refreshed.

45 mins..... £42

### **Aromatic Body Softening - The Relaxation Treatment**

This complete body exfoliation with a sugar-kiwi scrub is followed by a relaxing massage with energising essential oils, designed to thoroughly soften and relax the entire body.

45 mins..... £57



## MASSAGE

Relaxing massage to relieve tension, particularly effective for busy people needing to re-energise and de-stress:

Indian Head	30 mins.....	£30
Thai Hand & Foot	30 mins.....	£30
HOPI Ear Candling	30 mins.....	£30
Invigorating Foot Treatment - Rejuvenating Treatment for Tired Feet & Heavy Legs	30 mins.....	£30
<i>Helps to reduce puffiness and soothe aches and pains with a refreshing exfoliation and therapeutic foot and lower leg massage.</i>		

## EYE CARE

Eyelash Tinting*	30 mins .....	£15
Eyebrow Tinting*	15 mins.....	£10
Eyelash & Eyebrow Tinting combined*	30 mins.....	£20

\*patch test required 48hrs prior to appointment

## WAXING

Full Leg	1 hr.....	£30	Lip*	15 mins...	£10
¾ Leg –above the knee	45 mins.....	£25	Chin*	15 mins...	£10
½ Leg – below the knee	30 mins.....	£20	Eyebrow*	15 mins...	£10
Standard Bikini*	15 mins.....	£15	Lip & Chin combined*	25 mins...	£15
Under Arm*	15 mins.....	£10			

\* for use with Hot Wax, an additional charge of £1.00 per treatment will be added

We recommend no swimming or solaria use 24 hrs before and after waxing



# GUINOT

INSTITUT • PARIS

## GIFT VOUCHERS

Gift vouchers make the perfect gift and are available for any value or for specific treatments.

## BEAUTY APPOINTMENTS

Our therapist is fully trained in the application of Guinot treatments. For high quality care and advice, book your appointment with our partner therapist, Karen Baker, and enjoy relaxing music whilst receiving the treatment of your choice.

## CANCELLATION POLICY

Please note that 24 Hrs notice is required to cancel or reschedule appointments or a 50% of the treatment charge will be incurred. Failure to attend appointments will result in the full treatment charge being levied.

Contact: Karen Baker • 07757 168391



# BRADFIELD COLLEGE SPORTS COMPLEX

BERKSHIRE'S MOST WELCOMING HEALTH AND FITNESS CLUB

Email: [frontdesk@bradfieldcollege.org.uk](mailto:frontdesk@bradfieldcollege.org.uk) • [www.bradfieldsportscomplex.co.uk](http://www.bradfieldsportscomplex.co.uk) • Tel: 0118 964 4600