



BRADFIELD COLLEGE SPORTS COMPLEX

Swimming · Fitness Classes · Sports Hall · Gym

DANCE STUDIO AND CYCLE STUDIO CLASSES SATURDAY 30th MARCH - TUESDAY 23rd APRIL 2019

MORNING CLASSES

SAT 30th MAR	SUN 31st MAR	MON 1st APR	TUE 2nd APR	WED 3rd APR	THU 4th APR	FRI 5th APR	SAT 6th APR	SUN 7th APR	MON 8th APR	TUE 9th APR	WED 10th APR	
CIRCUITS MAGGIE 9:45 - 10:30am	S / CYCLING MEL 9:30 - 10:15am	S / CYCLING KATHI 9:15 - 10am	POWER PUMP JULIE 9:30 - 10:30am	PURE STRETCH KATHI 9:15 - 10:15am	YOGA KATHI 9:15 - 10:30am	S / CYCLING KATHI 9:15 - 9:50am	CIRCUITS MAGGIE 9:45 - 10:30am	S / CYCLING MEL 9:30 - 10:15am	S / CYCLING KATHI 9:15 - 10am	POWER PUMP JULIE 9:30 - 10:30am	PURE STRETCH KATHI 9:15 - 10:15am	
S / CYCLING GAIL 9:30 - 10:15am	FITSTEPS MICHELLE 10:30 - 11:30am	PURE STRETCH KATHI 10:15 - 11am	FITSTEPS MICHELLE 10:45 - 11:45am	AQUAFIT MAGGIE 9:45 - 10:30am	BARRE FITNESS KATHI 10:45 - 11:30am	PILATES KATHI 10:05 - 11:05am	S / CYCLING GAIL 9:30 - 10:15am	FITSTEPS MICHELLE 10:30 - 11:30am	PURE STRETCH KATHI 10:15 - 11am	FITSTEPS MICHELLE 10:45 - 11:45am	AQUAFIT MAGGIE 9:45 - 10:30am	
		DDMIX MICHELLE 11:10 - 12:10pm							DDMIX MICHELLE 11:10 - 12:10pm			

EVENING CLASSES

		PILATES MAGGIE 6:30 - 7:30pm	PURE STRETCH KATHI 6 - 6:45pm	STUDIO CYCLING KATHI 6:10 - 6:50pm	POWER PUMP VERONICA 6:30 - 7:30	S / CYCLING VER / CAR 6:15 - 7pm			PILATES MAGGIE 6:30 - 7:30pm	PURE STRETCH KATHI 6 - 6:45pm	S / CYCLING KATHI 6:10 - 6:50pm
		HIIT MAGGIE 7:30 - 8:10pm	S / CYCLING GAIL 7 - 7:45pm	DDMIX MICHELLE 6:10 - 7pm	S / CYCLING MEL 6:30 - 7:15pm			HIIT MAGGIE 7:30 - 8:10pm	S / CYCLING GAIL 7 - 7:45pm	DDMIX MICHELLE 6:10 - 7pm	
		S / CYCLING CAROLINE 7:45 - 8:30pm	CIRCUITS MEL 7 - 7:50pm	PILATES KATHI 7:05 - 8pm	BALANCE VERONICA 7:35 - 8:35pm			S / CYCLING CAROLINE 7:45 - 8:30pm	CIRCUITS MEL 7 - 7:50pm	PILATES KATHI 7:05 - 8pm	
		AQUAFIT MAGGIE 8:15 - 9pm	XPRESS PUMP MEL 8 - 8:45pm	S / CYCLING GAIL 8 - 8:45pm			AQUAFIT MAGGIE 8:15 - 9pm	XPRESS PUMP MEL 8 - 8:45pm	S / CYCLING GAIL 8 - 8:45pm		
					YOGA BEN 8:05 - 9pm					YOGA BEN 8:05 - 9pm	

DANCE STUDIO AND CYCLE STUDIO CLASSES SATURDAY 30th MARCH - WEDNESDAY 23rd APRIL 2019

MORNING CLASSES													
THU 11th APR	FRI 12th APR	SAT 13th APR	SUN 14th APR	MON 15th APR	TUE 16th APR	WED 17th APR	THU 18th APR	FRI 19th APR	SAT 20th APR	SUN 21st APR	MON 22nd APR	TUE 23rd APR	
YOGA KATHI 9:15 - 10:30am	S / CYCLING KATHI 9:15 - 9:50am	CIRCUITS MAGGIE 9:45 - 10:30am	S / CYCLING MEL 9:30 - 10:15am	S / CYCLING KATHI 9:15 - 10am	POWER PUMP JULIE 9:30 - 10:30am	PURE STRETCH KATHI 9:15 - 10:15am	YOGA KATHI 9:15 - 10:30am	S / CYCLING KATHI 9:15 - 9:50am	CIRCUITS MAGGIE 9:45 - 10:30am	S / CYCLING MEL 9:30 - 10:15am	S / CYCLING KATHI 9:15 - 10am	POWER PUMP JULIE 9:30 - 10:30am	
BARRE FITNESS KATHI 10:45 - 11:30am	PILATES KATHI 10:05 - 11:05am	S / CYCLING GAIL 9:30 - 10:15am	FITSTEPS MICHELLE 10:30 - 11:30am	PURE STRETCH KATHI 10:15 - 11am	FITSTEPS MICHELLE 10:45 - 11:45am	AQUAFIT MAGGIE 9:45 - 10:30am	BARRE FITNESS KATHI 10:45 - 11:30am	PILATES KATHI 10:05 - 11:05am	S / CYCLING GAIL 9:30 - 10:15am	FITSTEPS MICHELLE 10:30 - 11:30am	PURE STRETCH KATHI 10:15 - 11am	FITSTEPS MICHELLE 10:45 - 11:45am	
				DDMIX MICHELLE 11:10 - 12:10pm									DDMIX MICHELLE 11:10 - 12:10pm
EVENING CLASSES													
POWER PUMP VERONICA 6:30 - 7:30pm	S / CYCLING VER / CAR 6:15 - 7pm				PILATES MAGGIE 6:30 - 7:30pm	PURE STRETCH KATHI 6 - 6:45pm	S / CYCLING KATHI 6:10 - 6:50pm	POWER PUMP VERONICA 6:30 - 7:30pm	CENTRE CLOSES AT 4pm	CENTRE CLOSES AT 4pm	CENTRE CLOSES AT 4pm	CENTRE CLOSES AT 4pm	PURE STRETCH VERONICA 6.10 - 6:55pm
S / CYCLING MEL 6:30 - 7:15pm				HIIT MAGGIE 7:30 - 8:10pm	S / CYCLING GAIL 7 - 7:45pm	DDMIX MICHELLE 6:10 - 7pm	S / CYCLING MEL 6:30 - 7:15pm	S / CYCLING GAIL 7 - 7:45pm					
BODY BALANCE VERONICA 7:35 - 8:35pm				S / CYCLING CAROLINE 7:45 - 8:30pm	CIRCUITS MEL 7 - 7:50pm	PILATES KATHI 7:05 - 8pm	BALANCE VERONICA 7:35 - 8:35pm	CIRCUITS MEL 7:10 - 8pm					
				AQUAFIT MAGGIE 8:15 - 9pm	XPRESS PUMP MEL 8 - 8:45pm	S / CYCLING GAIL 8 - 8:45pm							FITNESS YOGA MEL 8:05 - 8:50pm
						YOGA BEN 8:05 - 9pm							



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